

First Aid

Legislation

Safety, Health and Welfare at Work Act 2005, Part 7, Chapter 2: First Aid
<http://www.irishstatutebook.ie/2007/en/si/0299.html#partvii-chapii>

Employers

As employers, you need to provide first aid equipment, materials and training at all places of work where the working conditions need it.

So first of all, you need to carry out a risk assessment which will determine whether you require first-aiders, specialist first-aid equipment and a first-aid room.

Obviously certain workplace will have different levels of risks associated with them. Construction, farming, forestry, garages would be considered more hazardous workplaces than offices and therefore may require more first-aid provisions (again this will be highlighted by the risk assessment).

You should have a list of the local emergency services and contact details available in your workplace in case of emergency

First-Aid Kit

At a minimum all workplaces should have a first-aid kit

The table shows the recommended contents of first-aid kits per numbers of employees.

For a full list of recommendations click here.

http://www.hsa.ie/eng/Topics/First_Aid/First_Aid_Frequently_Asked_Questions/First_Aid_FAQ_Responses/First_Aid_FAQ_Responses.html#FAB1

First aid box contents	Number of Employees		
	1 - 10	11 - 25	26 - 50
Adhesive Plaster	20	20	40
Sterile Eye Pads (No.16 – bandage attached)	2	2	4
Individually Wrapped Triangular Bandages	2	6	6
Safety Pins	6	6	6
Individually Wrapped Sterile Unmedicated Wound Dressings Medium (No. 8 – 10 x 8 cm)	2	2	4
Individually Wrapped Sterile Unmedicated Wound Dressings Large (No.9 – 13 x 9 cm)	2	6	8
Individually Wrapped Sterile Unmedicated Wound Dressings Extra Large (No.3 – 28 x 17.5 cm)	2	3	4
Individually Wrapped Disinfectant Wipes	10	20	40
Paramedic Shears	1	1	1

Pairs of examination gloves	5	10	10
Sterile water (if there is no access to clean running water)	1 x 500 ml	2 x 500 ml	2 x 500 ml
Pocket Face Mask	1	1	1
Water Based Burns Dressing Small (10 x 10 cm)	1	1	1
Water Based Burns Dressing Large	1	1	1
Crepe Bandage (7 cm)	1	2	3

It is good practice to designate an employee with the responsibility of maintaining and restocking the first-aid equipment.

First-aid kits should be easily assessable and visible to employees.

A number of companies supply first aid boxes in line with these recommendations.

First-Aiders

Your risk assessment will determine the requirement to have a fully trained first-aider in the workplace. Along with the risk assessment you should consider:

- The size of the workplace
- The type of work carried out
- The level of risk
- The number of accidents

It is recommended that workplaces like schools, crèches, retailers, etc. should have a trained first-aider due to the large numbers of non-employees who access these workplaces.

Employers should only use first aid trainers who are register with the Occupational First Aid Assessment Agent <http://www.ofaaa.com/>

For further information regarding the provision and training for First Aiders click here.

http://www.hsa.ie/eng/Topics/First_Aid/First_Aid_Frequently_Asked_Questions/First_Aid_FAQ_Responses/First_Aid_FAQ_Responses.html#FAB1

Records

Records of first-aid treatment provided by the first-aider should be kept in the workplace. The records should include:

- Name of injured party
- Type of injury
- Treatment given
- Name of first-aider
- Date

Records of treatment may be confidential and need to be kept secure.

The information for this page was found in the Guidelines to First Aid at Places of Work http://www.hsa.ie/eng/Publications_and_Forms/Publications/Retail/Gen_Apps_Manual_Handling.pdf

as required by the Safety, Health and Welfare at Work (General Application) Regulations 2007, Part 7, Chapter 2: First Aid