

First Aid Box Recommended Contents	Number of Employees		
	1 - 10	11 - 25	26 - 50
Adhesive Plaster	20	20	40
Sterile Eye Pads (No.16 – bandage attached)	2	2	4
Individually Wrapped Triangular Bandages	2	6	6
Safety Pins	6	6	6
Individually Wrapped Sterile Un-medicated Wound Dressings Medium (No. 8 – 10 x 8 cm)	2	2	4
Individually Wrapped Sterile Un-medicated Wound Dressings Large (No.9 – 13 x 9 cm)	2	6	8
Individually Wrapped Sterile Un-medicated Wound Dressings Extra Large (No.3 – 28 x 17.5 cm)	2	3	4
Individually Wrapped Disinfectant Wipes	10	20	40
Paramedic Shears	1	1	1
Pairs of examination gloves	5	10	10
Sterile water (if there is <u>no</u> access to clean running water)	1 x 500 ml	2 x 500 ml	2 x 500 ml
Pocket Face Mask	1	1	1
Water Based Burns Dressing Small (10 x 10 cm)	1	1	1
Water Based Burns Dressing Large	1	1	1
Crepe Bandage (7 cm)	1	2	3

Source of information for the above table: Guidelines on First Aid at Places of Work, Health and Safety Authority 2008.

This information is for guidance purposes, use your risk assessment to determine what is appropriate in your workplace.

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